

SAQA Summit: September 22-24, 2022, San Diego, CA

Sheila Frampton Cooper - Improv Blocks

\$350 (no supply fee)

Students will create improv blocks to be used in a small or large piece. The blocks may vary in size and shape and can be very complex or quite simple. This is a great class for becoming comfortable with the process of creating without an initial plan - while at the same time retaining a little structure. Sheila will demonstrate construction techniques for sewing curved seams and discuss some of the challenges you may run into with spontaneous design and piecing.

Supply List

- 100% cotton fabric, preferably solids LIGHT/MED/DARK VALUES FOR EACH COLOR (details below)
- At least one yard each of various neutral colors. (see below)
- Sewing machine (with knee-lift if you have one)
- Needles (I like SCHMETZ Microtex Sharps 70/10)
- Neutral thread for piecing (I suggest very light gray)
- Small spray bottle (This is for water and a fine mist is best.)
- Sketchbook (for note taking, drawing etc.)
- Regular pencil
- White pencil
- Batting for your design wall and blue painters tape

Bring Surge protector / extension cord (at least 5 feet long) for your sewing machine

You will be using solid-colored fabric in this workshop. I know many people may not have this in their stash. You may purchase fat quarter packs to give you more variety without having to buy a lot of fabric. Also, you may choose your palette in advance and purchase multiple values in each color you use. For example, If you like blue, make sure you bring a very dark blue value, a very light, and a few shades in between if possible. (*See example below)

*Notice the different values of the same colors.

Neutral fabric is very important in this workshop. I suggest grays and taupes (warm and cool), but keep them on the light side. For example, if you'd like to use earth tones, you might prefer very dark brown or black. If you are using cooler colors, a charcoal/black would be nice. The main thing is to have options.

Please feel free to email with any questions regarding fabric or anything else for the workshop. I am more than happy to review your fabric choices and provide feedback in advance! sheila@zombaby.com